

The Stepping Stone

Winter 2009

The Stepping Stone is a newsletter published quarterly by Someplace Safe, Inc. We are a non-profit social service agency, committed to serving survivors of Domestic Violence.

Among our services are:

24-Hour Crisis Line
Emergency Shelter
Crisis Intervention
Legal Advocacy

Women's Individual & Group Support Services
Children's Individual & Group Support Services
Community & School
Education Programs



All services are accessible by calling:

Someplace Safe, Inc.
330-393-3003 or
CONTACT'S 24 – hr hotline
330-393-1565 or 2-1-1

www.someplacesafe.org

Someplace Safe, Inc. is funded by the State of Ohio (Marriage License Bureau), VOCA, VAWA, United Way, Family Violence and Prevention, Trumbull County Department of Jobs and Family Services, and private donations.

White Buffalo Calf Woman
Society, Inc.

31st Anniversary

1977 ~ 2008

"The oldest shelter for women on
an Indian Reservation"



Oldest Women's of Color Shelter Is Celebrating 31 Years

The White Buffalo Calf Woman Society recently had a month long series of events during October 2008 to celebrate 31 years serving all women and children on the Lakota Rosebud Indian Reservation in South Dakota.

Founded in 1977, it was the first domestic violence shelter in the world for women of color - although it also serves "our white sisters," according to Tillie Black Bear, one of several courageous native women who created the shelter.

Photo: <http://lady4peace2.blogspot.com/>



BARRIERS, PART I:

“Why Does the Victim Stay?”

“How is it possible, you might ask, that a woman can stay with the man who beats her with his words, his fists, perhaps threatens her life,” asks Abigail R. Esman, author of “Lost and Found,” (*The Curves Magazine: diane*, fall, 2006, 33). Esman continues, “It begins as simply as any relationship—from attraction, desire” (*diane*, 33).

Relationships that become entangled in the domestic violence cycle often begin just as healthy relationships do. This fact is just one of the reasons that the victims become disillusioned during the cycle and ultimately find it very difficult to leave. Esman explains the cycle of domestic violence simply as she says, “Slowly, so slowly they become entwined in a frightful dance of sweetness and hurt, of bliss and violence that spins round and round and round until she [or he] loses the ability to distinguish what’s real from what’s false” (*diane*, 33).

Yet, even when the victim recognizes the reality of the situation, barriers can prevent the victim from finding freedom and healing. The barriers that victims face are cyclical in nature just as the cycle of domestic violence is. To better understand the barriers cycle, Nancy Grisby and Brenda R. Hartman, Psy. D. have developed “The Barriers Model©” to demonstrate its causes.

The Stepping Stone will explore each of the three layers of “The Barrier Model©” in its next issue. We believe community members are better equipped to assist victims of domestic violence in attaining a healthy and violence-free lifestyle as members learn about barriers and its cycle.

Adapted from **THE BARRIERS MODEL**

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LAYER 1: BARRIERS IN THE ENVIRONMENT

- Isolation
- Transportation/Money
- Community Support

LAYER 2: BARRIERS, SOCIALIZATION/ ROLE EXPECTATIONS

- Role in culture
- Value/Belief System
- Religion/Family of origin

LAYER 3: BARRIERS, PSYCHOLOGICAL CONSEQUENCES

- Physical/Somatic results
- Compliance Strategies
- Mental Health effects

New Employees at Someplace Safe

Someplace Safe, Inc. recognizes its responsibility to the Trumbull County community to provide a safe haven for victims of domestic violence as well support and education of domestic violence issues. As is true with all non-profit organizations, there's an ever present need to maintain and develop its mission, vision, and resources.

In adhering to our commitment, we would like to introduce a new member of our team, Alicia L. Peigowski, as our Development Specialist. Alicia has demonstrated a personal devotion to our mission to eradicate domestic violence and our vision to be the catalyst for preventing the intergenerational cycle of violence that is too often misunderstood.

Alicia offers a combination of a creative and analytical approach to the tasks associated with her position that include fundraising, public relations, and grant management activities. She credits her diverse employment background within the legal, sales, and public service professions as a solid foundation.

Additionally, Alicia's educational achievements serve as a sound resource for Someplace Safe, Inc. because she's equipped with a B.A. degree from Hiram College with a major in communication and a minor in writing. Her associate degree provides a business and technical blend that balances the requirements of her position. As a proven leader, she's earned the recognition of Who's Who Among Students in American Universities & Colleges as an inductee.

Yet, more important than her employment and educational history is the fact that Alicia remains a devout humanitarian dedicated to the cause of domestic violence prevention and education. As passionate as she is about our mission, she most enjoys time spent with her husband, children, and grandchildren. In her personal life, her creativity manifests in freelance writing and one-pot meals. In other moments, Alicia enjoys reading anything that she can get her hands on.

Barbara Petiya

Barbara Petiya graduated from Hiram College with a Master of Arts in Interdisciplinary Studies in 2007. She is writing grants for Trumbull Mobile Meals and recently joined the staff here at Someplace Safe to continue her skills in the grant writing process.

Her passion in life is to help these two great non-profit organizations sustain their comprehensive services in our valley.

She is an active member of St. Mary Catholic Church by fulfilling Parish Council duties and a lector on Sunday mornings. Along with her volunteer activities in the community, Barbara enjoys knitting and writing poetry. She has two married children and two grandchildren who live in the Columbus area.

Domestic Violence News

The Barbara Warner Domestic Violence Workplace Policy

On Wednesday, April 16, 2008, during National Crime Victims Rights Week, Governor Ted Strickland signed an Executive Order named the Barbara Warner Domestic Violence Workplace Policy. A working group committee headed by Hollie Hinton of the Governor's Office for Women's Initiatives and Outreach (GOWTO) created the Barbara Warner Domestic Violence Workplace Policy.

In the Executive Order, Governor Strickland identifies domestic violence, as a public health issue in Ohio understating that domestic violence is a pattern of control used by one person to gain power and control over family or household members. Domestic violence may include the following types of abuse: verbal, emotional, financial/resource, sexual and physical. Domestic violence can affect people of all ages, gender, religion, income, race, culture, education, and sexual orientation. Additionally, domestic violence has had an increasing impact on the workplace. Domestic violence does not stay at home. Domestic violence can affect employees in the work place by interfering with the employee's ability to safely perform their work responsibilities. Employees affected by domestic violence may also have attendance problems due to the violence and this can result in an employee's low moral and low productivity. Some other issues identified in the Barbara Warner Domestic Violence Workplace Policy are as follows:

- Domestic Violence and Its Impact on the Workplace Can Create Economic Challenges for Employers
- Ohio is Committed to Promoting the Health and Safety of Its Employees and to Making a Significant Difference in the Fight to End Domestic Violence

The Executive Order has been named after Barbara Warner, who was an employee of the Ohio Department of Health. Mrs. Warner was a victim of domestic violence throughout the course of her marriage and was murdered by her husband on May 27, 1997. This order is critical because it sends the message that the State of Ohio is committed to having its employees work in healthy environments free from abusive behaviors. Ultimately, it is the hope of the Barbara Warner Domestic Violence Workplace Policy that it will provide guidance for management and employees on how to address and reduce the occurrence of domestic violence and its devastating impact on and in the workplace.



Someplace Safe, Inc. Christmas Wish List

With the holiday season fast approaching, we are again making plans for a holiday party here at SSI, to be held on December 15, 2008. Last year we had approximately 150 women and children attending. We try to give a few gifts to each family member. Remember, we also have Christmas morning here at the shelter. Usually there are a number of women and children staying with us, often with a short notice of their arrival. ***We are in particular need of gifts for preteen, teen girls & boys, and women.** Sometimes, we do find out that a child has a particular wish; however, more often, we have only sex and age to judge what sort of gifts they may like. If you have any questions, please call Someplace Safe at 330-393-3003.

Please donate only new gifts, as we want the women and children to feel special. Also, please do not wrap the gifts. And include batteries, please.

Here is a Christmas List:

Newborns to Toddlers

Mobiles
Blocks
Rattles/Keys
Winnie-the-Pooh items
Blankets
Sesame Street toys
Clothes

Pre-school

Ben 10 toys
Spiderman toys
Thomas the Train items
Bob the Builder
Care Bears
Dolls and clothes
Building Blocks
Dora & Diego items
Play Dough sets
Disney movies
Child's Toolbox

Ages 6-12

Etch A Sketch
Transformers

Light Bright
Children's Purses
Legos
Children's tape players
Easy Bake Oven
Plastic beauty sets
Hannah Montana items
Barbie Dolls
Fishing Poles
Tackle Boxes

Teens

Art kits
Bead kits
Bowling gift certificates
CD players
Content Appropriate
CDs
Craft items
Electric Keyboards
Sporting goods
Gameboys and games
Hair accessories
Hand held games
Lava lamps

Model car kits
Scooters
Movie passes
Movie rental passes
Skateboards
Skating Passes
Toolbox with tools
Clothes

Women-something enjoyable

Alarm Clocks
Jewelry Boxes
Nail Care Kits
Slippers
Spa Sets/Candles
Watches
Purses/Wallets
Cameras
Nightgowns/Robes
Perfume Sets
Clothes
Gift Certificates
House
wares/Decorations

PLEASE DO NOT PURCHASE GIFTS THAT PROMOTE VIOLENCE—THANK YOU

Please have all gifts here by December 10, 2008

We also need a collection of wrapping supplies: gift bags, gift-wrap, nametags, tape & bows.

Someplace Safe has a need of the following items:

LARGE HEAVY DUTY TRASH BAGS

LAUNDRY DETERGENT, DISH SOAP & CLEANING SUPPLIES

DISPOSABLE DIAPERS AND BABY WIPES



PAPER TOWELS & TOILET PAPER

SUGAR, FLOUR, SPICES



SPAGHETTI SAUCE



**CANS OF RAVIOLI, SPAGHETTI-O'S,
SLOPPY JOE'S, ETC.**

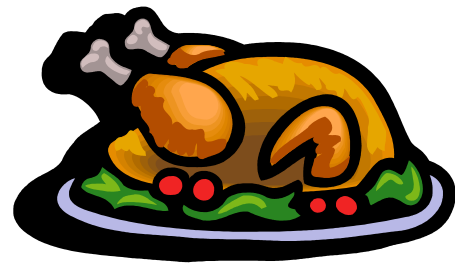
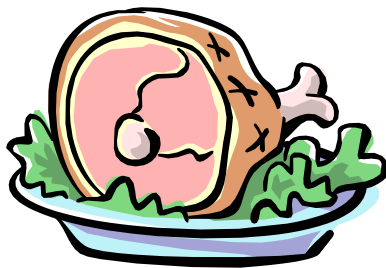
HAMBURGER HELPER, TUNA HELPER, ETC.

CANNED VEGETABLES, FRUIT, MEATS AND SOUP

**PEANUT BUTTER AND JELLY
KETCHUP, MUSTARD & MAYONNAISE**



**WITH THE HOLIDAY SEASON FAST APPROACHING WE ARE IN NEED OF THE
FOLLOWING ITEMS SO THAT OUR CLIENTS CAN COOK A HOLIDAY DINNER FOR
THEIR FAMILIES SUCH AS: HAMS, TURKEYS, POTATO BUDS, STUFFING, ETC.**



THANK YOU!!!!



Just A Reminder About Someplace Safe's Annual Appeal

Imagine leaving your home after 20 years of marriage and 4 kids to escape the abuse.

Imagine being a stay at home Mom and having no money to buy the groceries or gas because he cleaned out the bank accounts.

You are trying to get a divorce. Your husband refuses to pay child support, while continuing to stalk and assault you.

He drives by your home, violating the protection order, and taunts the children with food. They say, "Mommy we're hungry but we're afraid of Daddy." He drives off with the groceries.

There are thousands of victims out there with similar stories to tell. You have the power to stop the abuse.

Last year, Someplace Safe provided:

- 7,020 clients with services
- 1,011 answers to crisis calls
- 1,060 safe nights in the shelter
- 496 women with support group services
- 343 children with support group services
- 575 clients with legal advocacy
- 217 school presentations about healthy dating relationships
- 58.2% of our clients moved to a new living situation

\$504 will provide a victim with 6 safe nights in the shelter

\$264 will provide a healthy dating relationships presentation to a local school

\$150 will provide a victim with 10 hours of group support

\$105 will provide 7 hours of individual support for one child.

Please cut out the portion below and send it to Someplace Safe, 1540 Tod Ave., NW, Warren, OH 44485.



Someplace Safe Annual Appeal

Name _____

Address _____

City _____ State _____ Zip _____

I/We will support Someplace Safe as:

- Safe Nights Donor at \$504 or more
- Healthy Relationships Donor for \$264 or more
- Group Support Donor for \$150 or more
- Individual Children Support for \$105 or more
- Food Donor will provide food for a week for \$50 or more
- Other \$ _____

*Your donation is 100% tax deductible. Please make checks payable to Someplace Safe, Inc.
Thank you!*



**Someplace Safe, Inc.
1540 Tod Ave. NW
Warren, Ohio 44485**

**Non-Profit Org.
U.S. Postage
Paid
Permit No. 300
Warren, Ohio**

Place mailing label here

**IF YOU KNOW SOMEONE WHO IS IN A DOMESTIC VIOLENCE CRISIS
PLEASE ENCOURAGE THEM TO CALL “CONTACT” FOR 24-HR
CRISIS INFORMATION AT 330-393-1565 or 2-1-1.**

Someplace Safe’s Crisis Line & Shelter is Staffed 24-hours a Day.

All services that Someplace Safe provides are free of charge.

If you need assistance in obtaining a Civil Protection Order or need Court Accompaniment; please call 330-393-3003 for an appointment with one of our Legal Advocates.

**We believe in the philosophy that everyone is entitled to a life
free of violence!**